



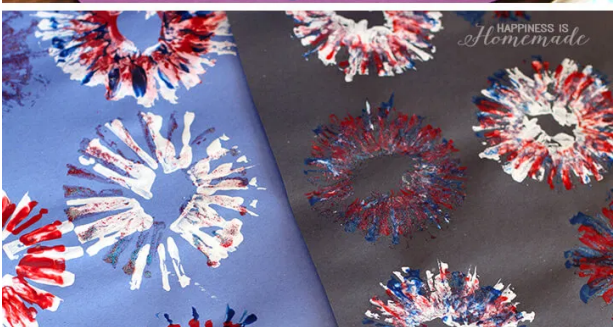
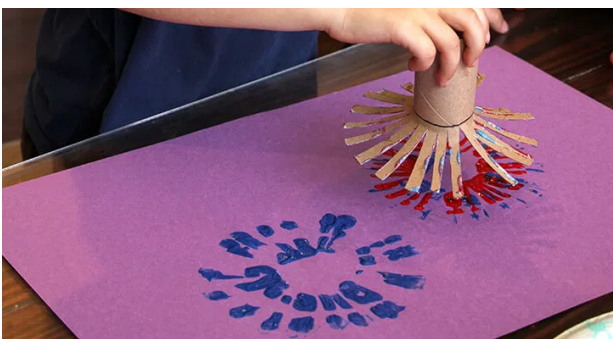
JULY 2021



LEARNING TREE THERAPY, INC.
SPEECH THERAPY SERVICES

LEARNING TREE THERAPY NEWSLETTER

SPEND SOME TIME IN THE SUMMER SUN WITH SOME CRAFT ACTIVITIES, COPING STRATEGIES, AND SPEECH STRATEGIES!



Source: <https://www.happinesishomemade.net/4th-of-july-kids-craft-painting-fireworks/>

Fireworks Paintings

Supplies:

- 4 recycled toilet paper or paper towel tubes
- scissors
- 4 paper plates
- paint (red, white, blue)
- large paper to paint onto

Directions:

1. Cut the paper roll into 2 in. long fringes
2. Open up the fringe so that it lays flat on the table
3. Place a layer of paint on the paper plate. You can use 4 plates for red, white, blue, and a mix of all 3
4. Take the roll, dip the fringe in the paint, and stamp onto the paper. Use as many color combinations as you like.
5. Set out to dry and let your fireworks shine!

Sparkle Bottles

Supplies:

- empty bottles with caps, remove labels
- small items: buttons, straws, pipe cleaners, glitter, star shapes, curling ribbon (try to find items in red, white and blue colors)
- scissors
- water
- duct tape

Directions:

1. Cut the supplies into small pieces to fit inside the bottle
2. Fill each bottle with supplies of your choice
3. Fill the rest of the bottle with water and glitter and close the cap
4. Add duct tape around the cap to seal it all in
5. Shake it up and enjoy the sparkle!



Source: <https://www.thingstoshareandremember.com/4th-of-july-sparkle-bottles/>



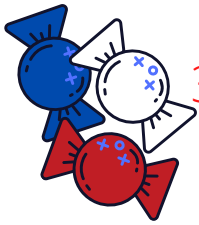
Coping Strategies for loud noises on the 4th

Tips and strategies for children who may be sensitive to noises, especially fireworks

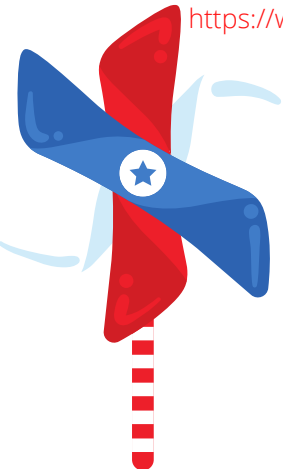


1. Use head-phones, ear-muffs or ear-plugs to decrease level of sound.

2. Wear snug/tight clothing or consider a weighted blanket which can provide calming, deep pressure



3. Chew gum, suck on sports water-bottle or sour candy, eat chewy or crunchy foods to help increase concentration and divert attention from sounds in a noisy environment.

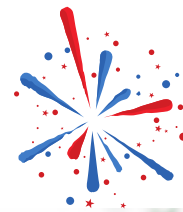


<https://www.oxfordhealth.nhs.uk/wp-content/uploads/2014/05/Sensory-Auditory-sensitivities-July-2015.pdf>





Speech Strategies



Choice of Two

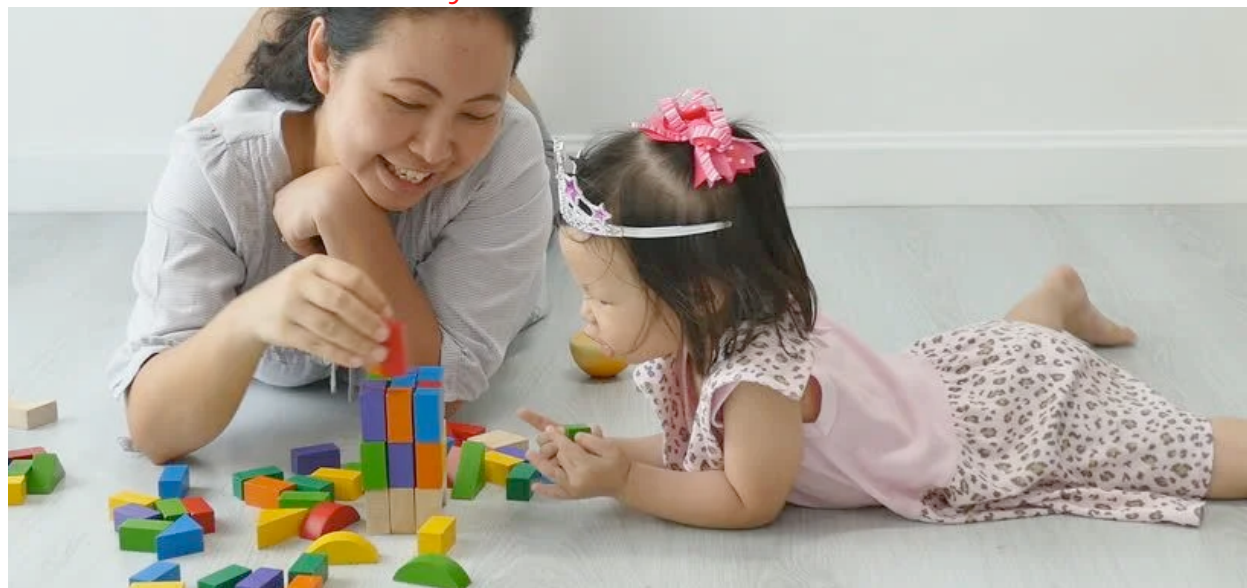
- Hold up two objects and give your child a choice of which one they want. If you see their eyes land on it, they reach for it or point you know their selection. Have them try to say the word before you give it to them
- “You want the ball. Say ball.”
As soon as they make a sound (even if just a grunt) give it to them and praise them for using their words.



Simplify Your Speech



- Use 2-3-word sentences when playing with them and doing daily routines to make your speech easier to copy
- For example: “More water”, “Mommy go”, “Daddy work”, “my shoe”, and “throw ball”



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