

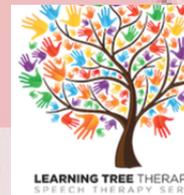
Learning Tree Therapy Newsletter

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~ Love is in the Air ~



Gelatin Hearts (Breaking)



Materials

- Unflavored Gelatin
- Red liquid coloring
- Heart shaped cookie cutters
- Tools (rolling pin, butter knife, potato smasher etc.)

Procedure

1. Prepare the gelatin per the instructions from the packaging, but ADD generous amount of red coloring
2. Once the gelatin is set, use the heart shape cookie cutter to make gelatin hearts
3. Use different tools to break up the heart for a fun and messy sensory play!

PRO TIP

- Use a liner or table cloth for easy cleaning

Mosaic Heart



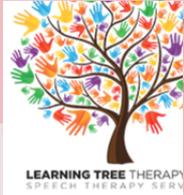
Materials

- Card
- Glue Stick
- Construction paper
- Scissors
- Glitter (optional)

Procedure

1. Draw a heart shape onto a card as the guideline
2. Cut different colored construction paper into different shapes (square, triangle, rectangle etc)
3. Cover the heart in glue stick glue
4. Stick the pre-cut shapes within the heart shape and try to leave a little room at the edge of each piece for the MOSAIC effect.





Heart Robot Craft



Materials

- Paper Roll
- White Paint or Prefer colors
- Red cardstock paper (or construction paper)
- Glue
- White pipe cleaners
- Black marker
- Googly eyes
- Aluminum foil
- Pencil

Procedure

1. Paint the paper roll white and let it dry. Apply another coat of paint if necessary.
2. Cut thin stripes of aluminum foil and glue them at the bottom of the paper roll.
3. Use a pencil tip to poke two little holes in both side of the paper roll and insert the pipe cleaner arms.
4. Cut out a heart from red cardstock paper and glue it to the front of the robot.
5. Glue the eyes and draw the mouth with a Sharpie.

Ways to show your love (safely)

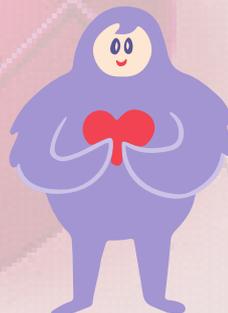
1. **Read a book about love to celebrate the day!**
(e.g. I Love You With All of My Heart by Noris Kern)

2. **Make heart-shaped sandwiches** together as a family to fill the day with lots of love!

3. **Take a special walk together** and talk about all the things you love, like nature or each other.

4. **Put on your red for the day.** Not only honoring the special day, but bright color will boost your spirits!

5. **Collect wildflowers in your backyard.** A fun scavenger activity that you can reap the reward by having a fresh bouquet of love that created by the family.





Speech Therapy



HAND HEART CRAFT

Materials:

- Construction paper
- Scissors
- Glue

Procedure:

- 1) Trace hand on a colored construction paper
- 2) Cut out the hand to form the tree base
- 3) Cut out hearts of different sizes on different colored construction paper
- 4) Glue the hearts on the tree!

LANGUAGE STRATEGIES

1) **Self-Talk:** Narrate what YOU are doing during the craft/activity. Examples: "I'm making a heart!" "I'm cutting the paper!"

2) **Parallel-Talk:** Narrate what YOUR CHILD is doing during the craft/activity. Examples: "Wow! Look, you are gluing the hearts on the tree!"

Self-talk and parallel talk can be used during ANY activity/task. It helps to expose your child to as much language as possible throughout the day. Talk about what you or your child is seeing, touching, doing, smelling, or hearing!

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